

NAIGC Women's Competition Rules and Interpretations

Version 1.1 / Last Amended: 10.29.15

- I. Purpose
 - A. The purpose of this document is to prescribe the rules to be used in women's competitions at NAIGC Sanctioned events.
 - B. Women's competitions in sanctioned events may use any combination of the rules specified below.
- II. Rules
 - A. NAIGC Women's Level 9 will use JO (Junior Olympic) skill values (from the 2013-2017 FIG JO Code of Points) and Level 9 requirements. There will be no difficulty restrictions, including no limit to the number of Ds or Es. Judges should use both level 9 and level 10 bonus to the advantage of the gymnast. D's and E's will be given additive value of 0.1 and 0.2 respectively and recognized in connection value. On bars, level 9 connection bonus will be used as this is to the advantage of the gymnast.
 - B. NAIGC Women's Level 8 will use JO (Junior Olympic) skill values (from the 2013-2017 JO Code of Points) and Level 8 requirements. There will be no difficulty restrictions and no bonus.
- III. Safety Note: Gymnasts are expected to include in their exercise(s) only elements which they can perform with complete safety. Judges and other officials should permit greater safety measures to be taken than those listed here if doing so is necessary for a gymnast's safety.
- IV. Inquiry Procedure
 - A. Each NAIGC sanctioned meet shall have an appointed meet referee selected from the judges attending. The meet referee will oversee the enforcement of the NAIGC rules and interpretations and handle any inquiries.
 - B. The inquiring party must completely fill out an inquiry form. All Inquiries must be submitted prior to 10 minutes following the last routine of the session. The recommended time frame is before the end of the rotation following the one to which the inquiry applies. A last call for inquiries will be announced prior to the meet referee dismissing the judges.
- V. Amendments
 - A. This document may be amended by the NAIGC Women's Rules Spokesperson, or by the NAIGC Board of Directors.
 - B. The most up-to-date and authoritative version of this document is on the NAIGC website.

Document Revision History

Version/Date	Author	Change/Reason
Version 1.0 02.01.2015	Karen Heilman	
Version 1.1 10.29.2015	Karen Heilman	<ul style="list-style-type: none">● Replaced “her/she” with non-gender pronouns● Moved the safety note out of the rules section, so safety wasn’t optional as alluded to by “use any combination of the rules”.● Removed “As per the NAIGC Safety and Equipment Standards” at the beginning of the safety note.